



# Harmonize Academy

## Subject Overview

### Childcare



#### **NCFE CACHE Level 2 certificate introducing caring for children and young people**

This qualification provides an opportunity to study a range of topics from three main areas: child care and education, babysitting and parenting responsibilities.

#### **How do we deliver Childcare?**

#### **NCFE CACHE Level 2 certificate introducing caring for children and young people**

This course contains all units included in the L2 Award in Babysitting and L2 Award in Preparation for the Responsibilities of Parenting. Additionally, there are units covering learning, development and play.

#### **How many credits are required to complete it?**

The Certificate requires a minimum of 16 credits.

Units we will cover to attain required credits:

- **CL2A2: Young children's development** - Credit value 2  
This unit will enable learners to gain an understanding of young children's development during the first three years of their lives and how meeting their basic needs supports development.
- **CL2A1: The value of play to young children** – Credit value 3  
This unit will enable learners to gain an understanding of the value of play in the development of young children and how the role of the adult supports this.
- **Unit 1.3: Support physical care routines for children** – Credit value 2  
This unit provides the learner with the knowledge, understanding and skills to support children's physical care as part of a healthy lifestyle.
- **TDA 2.2: Safeguarding the welfare of children and young people** – Credit value 3  
This unit provides the knowledge and understanding required for safeguarding the welfare of children and young people.
- **CL2A8: Parenting a young baby** – Credit value 2  
The aim of this unit is to introduce learners to the role of parenting and to make them aware of where to access support and how to care for and stimulate a young baby.
- **L2A7: Parenting and healthy lifestyles** - Credit value 2  
The aim of this unit is to introduce learners to the principles of healthy lifestyles and the effect these have on the development of a child or children.
- **NH/L2 03: Use food and nutrition information to plan a healthy diet** – Credit value 3  
In this unit, learners gain an awareness of the information that is provided on food labels and how this may be used to plan a healthy diet. They will learn the facts behind nutritional claims on food labels and consider the advantages and disadvantages of using food additives.

#### **Future pathways**

#### **What related qualifications can you progress to?**

The Level 2 Certificate for the Children and Young People's Workforce or the Level 2 Certificate in an Introduction to Early Years Education and Care.